



# A VIEW FROM FEW

AN ORGANIZATION FOR OPPORTUNITY AND EQUALITY  
FOR WOMEN IN GOVERNMENT

SPACE COAST CHAPTER, KENNEDY SPACE CENTER, FL  
<http://www.ksc.nasa.gov/groups/few/>

JULY/AUGUST 2005

## SPACE COAST CHAPTER, FEW 2005 - 2006 Officers and Committees

<b>President</b>	Sandy Eliason
Finance	Johanna Velasquez
Newsletter Editor	Muzette Fiander
NTP/RTP Planners	Jean Grenville
Nominations	Marlene Satterthwaite
	Aneta Ott
	Arden Belt
Parliamentarian	Connie Dobrin
	Charlotte Becker
<b>President Elect</b>	Carolyn Burnham
Seminar	Jean Grenville
	Barbara Powell
Compliance	Sandy Eliason
Webmaster	Cindy Gooden
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<b>Vice President</b>	Marlene Satterthwaite
Programs/Publicity	Karin Biega
Diversity	Delores Abraham
	Theresa Kroning
Community Outreach	Vickie Hall
Environmental	Martha Carroll
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Membership	Ellie Miller
	Charmel Anderson
Sunshine	Eva Coffman
<b>Secretary</b>	Muzette Fiander
Scholarships	Helen Kane
	Connie Dobrin
Legislative	Charlotte Becker
	Nancy Pearce-Welsh
Historian	Joette Feeney
Past President	Dawn Partlow
Nat'l VP for Training	Becky Fasulo
Nat'l Treasurer	Clara Anderson
Nat'l Bylaws & Resolutions	Karin Biega
Regional Awards	Barbara Powell
Regional Nominations/ Elections	Vickie Hall
Regional Secretary	Jean Grenville

## PRESIDENT'S MESSAGE

*Sandy Eliason*

August brought us the return of our HOT and HUMID Florida weather! I do hope you are hanging in there! Stay cool and in the air conditioning.

August also brings the return of school for Brevard County, which gives many moms out there much needed relief, although maybe not in the checkbook!

And finally, August has brought us the return of our "Space Coast ladies". About thirteen ladies represented FEW's Space Coast Chapter at our National Training Program and Board meeting which was held in Reno, Nevada this year. I can't wait to hear and enjoy all the stories and valuable information brought back from the NTP.

August brings new life along the Space Coast with Discovery's return to flight. When Discovery's engines ignited you could hear the gasps of the crew families - truly an emotional moment! As it was for so many of you, this launch was very special for me. I am very proud of the men and woman who contributed to this spectacular event. Let's bring them home safe.

Well enough about August!

I'm thrilled to be your President this year. I'm looking forward to working "together," with you all. It's hard for one person to make changes or even just keep things going, but together anything is possible! Our 2005-2006 Board of Directors, Executive Committee, and Standing Committees include many exceptional individuals, who are great contributors and hard workers. Thank you all for taking on the responsibilities of your posts.

I'm looking forward to challenging times as we undertake updating the Scholarship Program, Legislative Issues, Diversity Programs, Women's Health Care issues, and working with our community. I've talked with our Environmental Chair, hoping that we still could catch a Turtle Watch this year! If you

have any ideas please just let me know and we will see what we can do!

Most everyone knows I'm the "quotes lady"...so I'm leaving this one with you....See you next month....

"When love and skill work together, expect a masterpiece."  
John Ruskin

## NOMINATIONS AND ELECTIONS REPORT

*Karin Biega, Chair*

The new Space Coast Chapter officers for 2005-2006 are, President - Sandy Eliason, President-Elect - Jean Grenville, Vice President - Marlene Satterthwaite, Secretary - Muzette Fiander, Treasurer - Johanna Velasquez, and Nominations Officer - Aneta Ott with Arden Belt and Connie Dobrin serving that committee with Aneta.



### SUNSHINE

Celebrating birthdays in July & August:

Ellie Miller	July 14
Arden Belt	July 15
Betty Valentine	July 15
Sandy Eliason	July 26
Charlotte Becker	July 31

Carolyn Burnham	August 8
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**Happy Birthday!**

If you notice anyone missing please email Muzette Fiander at [Muzette.B.Fiander@nasa.gov](mailto:Muzette.B.Fiander@nasa.gov)

### NTP 2005 – Reno, Nevada

*Submitted by Jean Grenville*

The 2005 NTP in Reno, Nevada was a tremendous success. The special events were well planned with great speakers.

The NTP began with an NTP Week Kick-off and Welcome at 7:30 a.m. on Monday morning. Registration, Super Sessions and Agency Forums began that morning. National Board Orientation was held that afternoon.

The opening of the Expo was scheduled for Tuesday, July 19 at 11:30 a.m. The opening was very lively with music and showgirls leading the parade. The

Southeast Region had two tables with SE Region trifolds and a historical book of the region. Savannah River sold angel clips and Derby City sold necklaces.

The President's Gala Awards Reception was Tuesday evening. Refreshments were served in the lovely Hilton Theater and everyone was dressed for the occasion. Awards were presented to:

- o Federal Department/Agency – Crane Division, Naval Surface Warfare Center
- o Barbara Boardman Tennant Award – Patt Franc
- o Private Sector – Local 1568, American Federation of Government Employees
- o Champion of Diversity (Individual) Ruben Filomeno
- o Helen R. Dudley Chapter Overall Achievement Award – Hoosier Hills Chapter, Great Lakes Region
- o FEW President's Awards – Melinda Hendrix, Dawn Nester, and Marion Stevens
- o Mary D. Pinkard LIFE Award - Dallah Walker
- o American council of Education Presentation to FEW – Jack Kenner
- o Recognition of Sponsors – GEICO, Blue Cross – Blue Shield, and U.S. Postal Service
- o Anne Ramsey from the Southeast Region, Derby City Chapter, was the winner of the NTP Retiree Scholarship.

The speaker, Amanda Gore was fantastic. She had us all in stitches with her antics but all received a lot of good information.

General session classes began on Wednesday morning with no opening session since that had been done on Monday morning. Kimmarie Barrett from KSC – and a Space Coast Chapter member - presented a class on *Getting the Most Out of MS Outlook* and was very well received. Space Coast Chapter members attending the workshops will be giving ideas for trainers to the 2006 ATP Program Committee for the seminar in March.

The 2<sup>nd</sup> Military Banquet was held on Wednesday evening and was very formal and dignified. There was a touching Memorial Tribute to Fallen Heroes. Bettye H. Simmons, Brigadier General, USA (Retired), gave the keynote address. Meritorious Service Awards were presented to some worthy recipients.

Thursday classes were well attended and Space Coast Chapter members again had an eye out for trainers for our local seminar. The exhibit area was visited for ideas for keynote speakers and other training. Snacks were served in the Exhibit Hall on several occasions.

Thursday evening was the Regional Meeting held from 5:00 pm to 7:00 pm. Minutes from the July meeting, treasurer reports, SE Region Chapter reports and information on upcoming events were discussed. Following the meeting, members attended the Mystery Night event, which advertised the NTP in Atlanta next year by conducting a fair – snow cones, cotton candy, and popcorn - carnival atmosphere. Space Coast Chapter members were volunteers for the snow cone, cotton candy, bag toss, and popcorn booths.

Friday was FEW Day with the Annual Membership Meeting held at 8:00 a.m. followed by FEW Friday Celebration brunch. The speaker was a songwriter and singer and enjoyed by everyone. The session ended with a special salute to the 2004 – 2005 Chapter Presidents and a presentation by the NTP 2006 committee. The FEW National Board meeting began that afternoon at 3:00 p.m. The Lake Tahoe Sunset Dinner Cruise was held later that evening.

Saturday morning was the FEW National Board meeting beginning at 8:30 a.m. and lasting until 4:30 p.m. with follow-up meetings for some of our Space Coast Chapter National Board members.

## CONDOLENCES

*The members of the Space Coast Chapter would like to express their deepest sympathy to Ann Piepenbrink and Marlene Satterthwaite. Ann's husband passed away in May and Marlene's mother passed away in June. Our thoughts and prayers are with you and your families.*

## COMMUNITY OUTREACH

*Vickie Hall*

### What is Make A Difference Day?

Make A Difference Day is the most encompassing national day of helping others -- a celebration of neighbors helping neighbors. Everyone can participate. Created by USA WEEKEND Magazine, Make A Difference Day is an annual event that takes place on the fourth Saturday of every October. The next event is **Saturday, October 22, 2005**.

Millions have participated. In 2004, 3 million people cared enough about their communities to volunteer on that day, accomplishing thousands of projects in hundreds of towns.

Now is the time for us to decide on our project for this year. I need your suggestions. Last year we collected food for the Brevard Sharing Center and we can do this again but it would also be nice if we could come up with a project where we actually got together on October 22<sup>nd</sup> and did something for our community. So please put your thinking caps on and send me an e-mail with your project suggestion, [Vickie.C.Hall@nasa.gov](mailto:Vickie.C.Hall@nasa.gov).



## GOVERNMENT NEWS & LEGISLATION

*Nancy Pearce-Welsh*

Both Sen. Bill Nelson and Sen. Mel Martinez added their names as co-sponsors to the Premium Conversion Bill S484 following receipt of our letters.

### Windfall Elimination Provision (WEP)

As the Subcommittee members are already aware, the Windfall Elimination Provision (WEP) greatly reduces the Social Security benefits of a retired federal worker who has paid into Social Security and is eligible for a Federal Government pension under the Civil Service Retirement System (CSRS). Further, the WEP negatively impacts women much more than men.

Private sector retirees receive monthly Social Security checks equal to 90% of their first \$627 in average monthly career earnings, 32% of monthly earnings between \$627 and \$3,779, and 15% of earnings above \$3,779. However, federal retirees are only allowed to receive 40% of the first \$627 in career monthly earnings, a penalty of \$313.50 per month simply for working for the federal government.

The National Active and Retired Federal Employees Association (NARFE) has estimated that approximately 635,000 beneficiaries are receiving fewer benefits than they deserve due to the WEP. This number continues to grow by 60,000 annually.

### GOVERNMENT PENSION OFFSET (GPO)

Of equal importance to FEW members is the Government Pension Offset (GPO). This provision was enacted in 1977 to prevent government retirees from collecting both a government annuity based on their own work and Social Security benefits based on their spouse's contributions. This law decreases by two-thirds whatever social security spousal benefits for which a retired government worker might be eligible.

Additionally both the GPO and WEP affect women much more harshly than men. Consider the following:

Women are more likely to spend time out of the workforce (about 12 years) to tend to family care giving responsibilities.

Eighty percent of male beneficiaries get Social Security benefits solely as retired workers. Only 33% of women receive benefits solely as retired workers, but 55% of women receive benefits, at least in part, as a spouse or former spouse of a retired, disabled or deceased worker. Four in ten elderly widows rely on Social Security for 90% of their income. Women make up 60% of all Social Security beneficiaries, and 70% of beneficiaries 85 and older. The system is the only source of income for one-fourth of elderly women living alone.

Even though Social Security is gender neutral, often times a woman's benefit ends up being less than 50% of her spouse's because women's salaries are still often lower than men, and certainly were lower when many women entered the workforce. The majority of women's Social Security benefits are based on their husband's earnings, while less than 5% of male Social Security beneficiaries depend on their wife's earnings. Women, on the whole, live longer than men and are more likely to run out of personal savings before men.

#### Effective/Efficient Government Reform:

The General Schedule and Wage Grade pay and personnel systems would be abolished across government by 2010 and replaced with performance-based pay systems, under draft legislation the Administration is preparing to send to Congress. The Bush Administration views the General Schedule, which covers more than 1.6 million workers, as outdated and ineffective at encouraging and rewarding individual achievement. Officials think that a revision to emphasize job performance and focus on compensating the best employees will help reverse perceptions that government employees do not work hard and cannot be fired.

The draft legislation, which is still subject to change, would require agencies to roll out personnel reforms similar to those being installed at the Defense and Homeland Security departments. This bill will represent the last part of the Bush Administration's effort to overhaul the civil service system.

Agencies would need to have plans in place by 2008 to design and install these new personnel systems, which would require a stamp of approval from the Office of Personnel Management (OPM). For certification, an agency would be required to publish

a notice in the Federal Register seeking public comment for 30 days.

Under the new personnel system, pay raises would be reserved for employees who meet or exceed their performance expectations. Employees no longer would receive automatic pay increases based on years of service or changes in cost of living. OPM would define federal occupations and establish one or more pay bands - or salary ranges - for each. Also, the proposal would empower managers to make workplace decisions without having to bargain with labor unions, and to discipline poor performers faster.

The department will create an internal labor board to resolve disputes between management and unions, rather than take them to the Federal Labor Relations Authority, an independent agency. Even though the department will control who is appointed to the internal board, Mitrano pointed to inspectors general who are selected by the White House and can challenge management decisions, as an example of why she thinks the internal labor board can operate in an independent manner.

Larry Adkins, Deputy General Counsel at the National Treasury Employees Union, and Sarah Starrett, a lawyer for the American Federation of Government Employees, said the changes will lower morale and possibly make it more difficult for the department to retain employees.

For example, Adkins said, employees will no longer be able to rely on unions to negotiate procedures for staffing around-the-clock operations and, as a result, will have to switch the shift they work. The department also will not have to bargain with unions over how to determine an objective way to send people against their wishes to locations far from their families.

#### Privatization/Outsourcing:

The Office of Management and Budget revised its guidance on which jobs are considered so essential to government that they cannot be outsourced. The latest revision gives agencies the option to exclude from competitions jobs performed by disabled workers. The prospect of disabled workers, who are often hired because the government has goals for their recruitment and employment, being forced to compete for jobs against non-disabled contractors has outraged some advocates of the disabled community.

Last October, Rep. Chris Van Hollen (D-MD) introduced a bill to protect the jobs of disabled workers, which Congress is still considering. OMB said it will release a more detailed memo on how

agencies should handle potential job competitions with disabled workers at an unspecified future date.

### TAX RELIEF

In an effort to provide continued tax relief, David Weldon, (R-FL), introduced H. R. 3317, the Child Tax Credit Preservation Act of 2005. When the child tax credit was set at \$1000 per child, it provided millions of American families with much needed tax relief. Congressman Weldon's bill makes the tax credit permanent and ensures that the values of the credit is not eroded in the future by inflation. Weldon's bill indexes the amount of the Child Tax Credit for inflation on an annual basis. Additionally, the bill adjusts the income thresholds at which the credit is phased out to account for inflation.

### **Space Coast Chapter Holds Executive Retreat**

*Submitted by Karin Biega*

Following the example of the National Board – getting away from home for meetings – Clara Anderson organized and planned an executive retreat which was attended by twelve outgoing/incoming chapter board of directors: Sandy Eliason, Jean Grenville, Marlene Satterthwaite, Muzette Fiander, Johanna Velasquez, Clara Anderson, Vickie Hall, Barbara Powell, Becky Fasulo, Ellie Miller, Charlotte Becker, and Karin Biega at Westgate Lakes Resort in Orlando. Clara found a four bedroom, 4-bath condo and while four bathrooms sounds like a lot, with 12 women it was still a challenge.

This retreat was the result of three years of work by the past presidents task force to revise the chapters policy and procedures manual. It was decided the best way to tackle such a large document was not individually or in a few hours after work every once in awhile, but all at once in a place where only a cell phone could disrupt. The ladies left after work on Thursday, spending all day Friday and Saturday working, and returned to their families Sunday morning.

The agenda was packed – sound familiar – a review of the chapter bylaws, on hold until National's bylaws vote is over; the very thorough review and updating of the chapter's policy and procedures manual; where are we and how to continually improve; discussion of the upcoming installation of officers and awards banquet; a review of the highly successful annual training program with a "lessons learned" to make it – and us – even better; the establishment of criteria for the chapter to reward deserving members with a lifetime national membership; discussed and approved purchasing service year pins to give to

members at 5-year intervals, the incoming President, Sandy Eliason, gave us her goals for the year; finalized plans on who is attending the NTP in Reno at the chapter's expense and finished with a discussion on the financial health of the chapter and reviewed possible ways to invest and manage those funds.

Everyone concluded this was a great use of time – even those who took leave for Friday – of accomplishing needed chapter business that monthly meetings just don't do! Plans are already in work to do this again ... either annually or biannually.

### **ARE YOU A LEADER?**

*Submitted by Clara Anderson*

If you are interested in finding the answer to the above subject line, take five minutes and go to [http://www.schulersolutions.com/leadership\\_self\\_test.html](http://www.schulersolutions.com/leadership_self_test.html). There are a few questions that it asks you to answer true or false and then provides you with their thoughts on leaders versus managers thinking.

### **FLORIDA HISTORY AND CULTURE**



*Submitted by Vickie Hall*

#### **Name Origins of Florida Places**

Florida's cities and counties are named for influential residents, Indian words used to describe the area, and former governors. I have found these to be interesting so I'll include a few of these each month just to help educate you on a little more on Florida's history.

**LaBelle**, Hendry County -- LaBelle was named by Capt. Francis Ausbury Hendry for his two daughters, Laura and Belle.

**Lacoochee**, Pasco County -- Lacoochee is a shortened form of the river's name, Withlacoochee, which runs past the town.

**Lake Butler**, Union County -- Colonel Robert Butler received the surrender of East Florida from the Spanish.

**MacDill A.F.B.**, Hillsborough County -- The base is named in honor of Col. Leslie MacDill, who was killed in an air crash near Washington, D.C.



**Mayo**, Lafayette County -- This town is named after James Mayo, a colonel who had been in charge of the Confederate Army. He delivered a speech in the area one Fourth of July and the settlers were so impressed by Mayo that they named their community after him.

**Miami**, Dade County -- The name comes from Mayaimi (a lake - now Lake Okeechobee) which means "very large."

**Micanopy**, Alachua County -- Head chief of the Seminoles in the Seminole War; Micanopy means "head chief."

**Miccosukee**, Leon County -- From Hitchiti "miki" (chief) and "suki" (hogs), Miccosukee means "chiefs of the hog clan."

**Monticello**, Jefferson County -- This Jefferson County city is named for the historic Virginia home of, you guessed it, Thomas Jefferson.

My source of information

<http://dhr.dos.state.fl.us/facts/>

## WOMEN'S HEALTH

*Submitted by Vickie Hall*

**Important  
News!**

### Heart Disease and Women

#### LONGEST, LARGEST STUDY EVER CONDUCTED WITH ASPIRIN FINDS IT REDUCES THE RISK OF A FIRST STROKE IN WOMEN

##### Older Women Saw Greatest and Most Consistent Benefit of Aspirin with Reduction of All Major Cardiovascular Events

- Bayer Aspirin showed a 17% reduction in the risk of a first stroke, and a 24% reduction in the risk of an ischemic stroke, which accounts for 80% of all strokes
- Although in younger women aspirin did not demonstrate a significant benefit in prevention of a first heart attack or cardiovascular death, aspirin reduced all major cardiovascular events including heart attack and ischemic stroke among women 65 or older
- No significant difference between aspirin and placebo in risk of stomach upset, fatal

gastrointestinal (GI) bleeds or hemorrhagic stroke, although there was a small increase in risk of overall GI bleeding

Investigators from the Women's Health Study (WHS) reported important new findings demonstrating a significant benefit for aspirin in the prevention of a first stroke in apparently healthy women. Specifically, the study used Bayer® Aspirin and showed a 17% reduction in the risk of a first stroke, and a 24% reduction in the risk of an ischemic stroke. Ischemic strokes account for over 80% of all strokes. This finding is particularly important to women, as each year about 40,000 more women than men suffer a stroke. The WHS found that aspirin offered the greatest benefit in women 65 and older – reducing all major cardiovascular events including heart attack (MI) and ischemic stroke. However, in the total population, which comprised a significant number of younger women (ages 45-55), low-dose aspirin did not demonstrate a significant benefit in preventing first heart attack or cardiovascular death. The cardiovascular component of the WHS was a 10-year randomized trial of the efficacy and safety of aspirin in approximately 40,000 apparently healthy women. Aspirin is currently approved by the Food & Drug Administration for reducing the risk of heart attack, stroke and death in both women and men who have experienced a previous heart attack or stroke, as well as reducing the risk of mortality in patients with a suspected acute MI.

"The Women's Health Study is the first large trial to demonstrate a significant benefit of aspirin in the primary prevention of stroke, reinforcing what we know of its efficacy from secondary prevention trials," said Brigham and Women's Hospital's Julie E. Buring, ScD and principal investigator of the Women's Health Study. "Although not widely recognized, women tend to suffer more strokes than heart attacks as compared to men, and thus these prevention data for low-dose aspirin have important public health implications."

Additionally, the WHS further supports aspirin's favorable benefit/risk profile. In fact, while there was a small increase in risk of overall gastrointestinal (GI) bleeds associated with aspirin use, there were no significant differences between aspirin and placebo in risk of stomach upset, fatal GI bleeds or hemorrhagic stroke.

"These findings herald exciting new potential for the primary prevention of stroke, while bolstering existing evidence about the overall cardiovascular benefits of aspirin therapy, particularly in older women," said C. Noel Bairey Merz, MD, Women's Guild Endowed Chair in Women's Health and the medical director of the Cedars-Sinai Women's Health Program. "However, in the wake of these findings, we must be

clear in our communication that an aspirin regimen should not be started or stopped without consulting with a healthcare professional. Indeed, it is vital that our patients who are already on aspirin therapy remain so, and we must continue to conduct careful risk assessments, ensuring that sound clinical decisions drive aspirin recommendations to appropriate patients, while discouraging inappropriate use."

As these study results should be viewed in the context of adding to the existing body of evidence for primary prevention of cardiovascular events, Dr. Bairey Merz says it is important to remember the evidence for secondary prevention that supports the numerous existing U.S. Food and Drug Administration (FDA) approved vascular indications for aspirin in a range of doses.

"Bayer continues to support the American Heart Association, United States Preventive Services Task Force, American Diabetes Association and other health organizations in advising women to discuss their cardiovascular disease risk with their healthcare provider," said Erica Peitler, Senior Vice President of Global Strategic Initiatives Bayer's Consumer Care Division. "We are encouraged by the WHS findings, which confirm aspirin's cornerstone role in reducing the occurrence of major cardiovascular events. We hope that they will propel more women to have their cardiovascular risk assessed and talk with their doctor about whether aspirin therapy might be appropriate for them. Bayer remains committed to partnering with the medical and scientific communities to advance comprehensive educational and scientific initiatives, such as the WHS, that enhance the current understanding of aspirin's role in reducing the burden of cardiovascular disease."

Aspirin is widely recognized for its cardioprotective benefits, which have been amply demonstrated in numerous clinical trials. In the United States, the Food and Drug Administration (FDA) has approved the use of aspirin to: reduce the combined risk of death and nonfatal stroke in patients who have had ischemic stroke or transient ischemia; reduce the risk of vascular mortality in patients with a suspected acute MI; reduce the combined risk of death and nonfatal MI in patients with a previous MI or unstable angina pectoris; reduce the combined risk of MI and sudden death in patients with chronic stable angina pectoris.

### **About the Women's Health Study**

Designed to address gaps in scientific understanding of aspirin's benefits and risks in women, the Women's Health Study funded by the National Heart, Lung and Blood Institute (NHLBI) and the National Cancer Institute (NCI), in conjunction with the Brigham and

Women's Hospital and Harvard Medical School, was a 10-year randomized trial testing the efficacy and safety of aspirin in reducing cardiovascular risk in approximately 40,000 apparently healthy women.

**Aspirin is not appropriate for everyone, so be sure to talk to your doctor before you begin an aspirin regimen.**

Taken from  
[http://www.bayeraspirin.com/hdwomen/hdwomen\\_studyresult.htm](http://www.bayeraspirin.com/hdwomen/hdwomen_studyresult.htm)

## **JUST A LITTLE ADVICE**

Submitted by Vickie Hall

### **WARNING...New Credit Card Scam**

Snopes says it can be done!

Note, the callers do not ask for your card number; THEY already have it. This information is worth reading. By understanding how the VISA & MasterCard Telephone Credit Card Scam works, you'll be better prepared to protect yourself.

My husband was called on Wednesday from "VISA", and I was called on Thursday from "MasterCard".

The scam works like this: Person calling says, "This is (name), and I'm calling from the Security and Fraud Department at VISA. My Badge Number is 12460 your card has been flagged for an unusual purchase pattern, and I'm calling to verify. This would be on your VISA card which was issued by (name of bank). Did you purchase an Anti-Telemarketing Device for \$497.99 from a Marketing company based in Arizona?"

When you say "No", the caller continues with, "Then we will be issuing a credit to your account. This is a company we have been watching and the charges range from \$297 to \$497, just under the \$500 purchase pattern that flags most cards. Before your next statement, the credit will be sent to (gives you your address), is that correct?" You say "yes". The caller continues - "I will be starting a Fraud investigation."

If you have any questions, you should call the 1- 800 number listed on the back of your card (1-800-VISA) and ask for Security. You will need to refer to this Control Number. The caller then gives you a 6-digit number. "Do you need me to read it again?" Here's the IMPORTANT part on how the scam works. The caller then says, "I need to verify you are in possession of Your card".

He'll ask you to "turn your card over and look for some numbers". There are 7 numbers; the first 4 are part of your card number, the next 3 are the security Numbers that verify you are the possessor of the card. These are the numbers you sometimes use to make Internet purchases to prove you have the card. The caller will ask you to read the 3 numbers to him. After you tell the caller the 3 numbers, he'll say, "That is correct, I just needed to verify that the card has not been lost or stolen, and that you still have your card. Do you have any other questions?" After you say No, the caller then thanks you and states, "Don't hesitate to call back if you do", and hangs up.

You actually say very little, and they never ask for or tell you the Card number. But after we were called on Wednesday, we called back within 20 minutes to ask a question. Are we glad we did! The REAL VISA Security Department told us it was a scam and in the last 15 minutes a new purchase of \$497.99 was charged to our card.

Long story made short - we made a real fraud report and closed the VISA account. VISA is re-issuing us a new number. What the scammers want is the 3-digit PIN number on the back of the card. Don't give it to them. Instead, tell them you'll call VISA or Master card directly for verification of their conversation.

The real VISA told us that they will never ask for anything on the card as they already know the information since they issued the card! If you give the scammers your 3 Digit PIN Number, you think you're receiving a credit. However, by the time you get your statement you'll see charges for purchases you didn't make, and by then it's almost too late and/or more difficult to actually file a fraud report.

What makes this more remarkable is that on Thursday, I got a call from a "Jason Richardson of MasterCard" with a word-for-word repeat of the VISA scam. This time I didn't let him finish. I hung up! We filed a Police report, as instructed by VISA. The police said they are taking several of these reports daily! They also urged us to tell everybody we know that this scam is happening.

Please pass this on to all your family and friends. By informing each other, we protect each other.

### **ICE IN YOUR CELL PHONE**

*Submitted by Vickie Hall*

Here is a suggestion to help notify your loved ones in case of an emergency (ICE). This is from the UK Ambulance Service...

"Following the disaster in London the Ambulance Service have launched a national "In Case of Emergency ( ICE )" campaign with the support of Falklands war hero Simon Weston.

The idea is that you store the word " ICE " in your mobile phone address book, and against it enter the number of the person you would want to be contacted "In Case of Emergency". In an emergency situation ambulance and hospital staff will then be able to quickly find out who your next of kin are and be able to contact them. It's so simple that everyone can do it. For more than one contact name ICE1, ICE2, ICE3 etc.

### **CALENDAR OF EVENTS**

#### **August**

16 Chapter Business Meeting  
New Century Buffet  
735 N. Courtenay Parkway  
Merritt Island  
Gather between 4:30 pm & 5:00 pm

#### **September**

5 Labor Day  
11 Patriot Day  
22 Autumn begins

### **RECIPE CORNER**

#### **Double Crunch Bars**

4 cups oatmeal  
1 1/2 cups chopped walnuts  
1 cup firmly packed brown sugar  
3/4 cup butter or margarine, melted  
1/2 cup honey or corn syrup  
1 tsp. vanilla  
1 tsp. salt

Combine all ingredients, mix well. Press firmly into 15 1/2" x 10 1/2" jelly roll pan. Bake at 450 10 to 12 minutes until golden brown and bubbly. Cool, cut into bars.

### **SPACE COAST CHAPTER NEWSLETTER**

*Muzette Fiander*



This monthly publication is a means of sharing information and ideas. Please send news articles or items of interest for this Newsletter to Muzette Fiander, TA-E1, or e-mail at [Muzette.B.Fiander@nasa.gov](mailto:Muzette.B.Fiander@nasa.gov)

Please feel free to share this Newsletter with your friends. And for anyone interested, a Membership Application is attached as the last page.

#### **Insight for the Day**

*Submitted by Vickie Hall*

"If you watch how nature deals with adversity, continually renewing itself, you can't help but learn."

Bernie Siegel, MD  
Doctor, Author and Lecturer

And then a little humor -

This student knocked on the door of an expensive home seeking odd jobs to earn money. The owner suggested he should paint the porch using the green paint in the garage. A few hours later, the well-splotched-in-green student returned for his pay. As he pocketed the \$50, he said, "By the way, sir, that's not a Porsche-- it's a Ferrari!"

|

**MEMBERSHIP APPLICATION  
FEDERALLY EMPLOYED WOMEN  
P. O. BOX 75551  
BALTIMORE, MD 21275**

Month/Year joined:  /  Membership ID

LAST NAME:  FIRST NAME:  MI

ADDRESS 1:

ADDRESS 2:

CITY:  STATE  ZIP CODE + 4

OFFICE PHONE:  HOME PHONE:

FAX:  EMAIL:

<b>GRADE (check)</b> <input type="checkbox"/> GS 1-4 <input type="checkbox"/> GS 5-8 <input type="checkbox"/> GS 9-12 <input type="checkbox"/> GS 13-15 <input type="checkbox"/> GS 16+	<b>FWP/EEO (check)</b> <input type="checkbox"/> SES <input type="checkbox"/> WG <input type="checkbox"/> Military <input type="checkbox"/> Other <input type="checkbox"/> FWP Full-Time <input type="checkbox"/> FWP Part-Time <input type="checkbox"/> EEO <input type="checkbox"/> Other FWP/EEO Not Applicable	<b>DEMOGRAPHICS</b> SEX (M/F): <input type="text"/> RACE: <input type="text"/> YEARS OF SERVICE: <input type="text"/> RETIRED (Y/N) <input type="text"/>
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**ABOUT THE ORGANIZATION**

FEW is comprised of chapters throughout the world. Membership is open to all Federal and DC Government employees (regular members) and to any other person supporting the goals and objectives of FEW (associate members). More information about the organization is posted on the FEW web site: <http://www.few.org>.

National membership dues are \$25.00 for chapter members, and \$35.00 for members-at-large (no chapter affiliation). Chapter dues are established by each chapter and payable in addition to national dues. Eligibility for chapter membership is contingent upon national membership. National lifetime membership is a one-time fee of \$250.00. Chapters may set their own lifetime fee.

Membership Dues is prorated. Month chosen must match "month/year joined" above.

<input type="checkbox"/> March \$25.00	<input type="checkbox"/> September \$12.00	Total for National \$ <input type="text"/>
<input type="checkbox"/> April \$23.00	<input type="checkbox"/> October \$10.00	
<input type="checkbox"/> May \$21.00	<input type="checkbox"/> November \$ 8.00	Total for Chapter \$ <input type="text"/>
<input type="checkbox"/> June \$19.00	<input type="checkbox"/> December \$ 6.00	
<input type="checkbox"/> July \$17.00	<input type="checkbox"/> January \$ 4.00	Check Amount \$ <input type="text"/>
<input type="checkbox"/> August \$15.00	<input type="checkbox"/> February \$ 2.00	

I wish to join the \_\_\_\_\_ Chapter as a ☐ regular member or ☐ associate member.

I wish to join as a Member-at-large (prorated amount from above + \$10.00 enclosed)

as a ☐ regular member or ☐ associate member.

Payment (\$250.00) is enclosed for a Lifetime Membership.